



The Royal Society of Medicine

Innovations in IBD practice

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 **Fri 13 Sep 2024**
8:30am to 5:00pm BST

 **In-person**

About this event

Join us for an event centred around IBD multidisciplinary services, where you'll learn about cutting edge developments and innovations in the multidisciplinary management and surgical care of inflammatory bowel disease in 2024.

It will be a full day packed with keynote insights on current and future IBD surgical developments and will consist of 6 packed main sessions, each with 3-4 high profile keynote speakers with time for audience participation, debate and discussion.

Through a series of sessions, you will learn hear new insights into the aetiology and epidemiology of IBD (diet, immunology, microbiome, epidemiology), robotic surgery in IBD surgery, an overview of pathology and management of the IBD rectal and perianal disease, and more.

By attending, you will:

- Gain an increased understanding of the contemporary aetiology and epidemiology of IBD
- Learn about recent advances in delivering IBD services and care.
- Understand the current training landscape for new surgical techniques and robotics.
- Hear about the latest insights on the sequence of IBD surgical treatments.
- Learn about new surgical techniques and their impact on patient outcomes.
- Learn about specific developments in managing complex IBD rectal disease.
- Learn about contemporary recommendations and future management of the permanent stoma.

Tickets

RSM Members: £24 - £77

Non members: £44 - £141

Agenda

8:30am Registration, tea and coffee

9:10am Welcome and introduction

Professor Thomas Pinkney, Senior Lecturer and Consultant Colorectal Surgeon, University Hospitals Birmingham NHS Foundation Trust and Professor Richard Brady, Consultant Colorectal Surgeon, Newcastle Hospitals NHS Foundation Trust

Session 1 - Aetiology and epidemiology of inflammatory bowel disease (IBD)

9:15am From gene deserts to druggable pathways in IBD

Ms Christina Stankey, The Francis Crick Institute

9:25am The role of microbiome in IBD

Dr James Kincross, Consultant Colorectal Surgeon, Imperial College Healthcare NHS Trust

9:35am Incidence - Are surgery rates really decreasing or are we just kicking the can down the road

Professor Nalia Arebi, Consultant Gastroenterologist, St Mark's National Bowel Hospital, London North West University Healthcare NHS Trust

9:45am Getting in the way of the knife: What can medical therapy offer patients with IBD in 2024

Professor Tim Raine, Consultant Gastroenterologist, Cambridge University Hospitals NHS Foundation Trust

9:55am Panel discussion

Session 2 - The robot in IBD

10:15am Benefits of the Robot in IBD: Why everyone should be doing this

Miss Katie Adams, Colorectal Surgeon and Clinical Lead for Gastrointestinal Surgery, Guy's and St Thomas' NHS Foundation Trust

10:25am State of the nation with the Robot and what happens in Europe in terms of training and roll-out?

Mr Samson Tou, Consultant Colorectal Surgeon, Derby Hospitals NHS Foundation Trust

10:35am Are we all on this IBD robotic bandwagon? Is there an NHS kickback against robotics?

Professor Farhat Din, Cancer Research UK Clinician Scientist and Honorary Consultant Colorectal Surgeon, Western General Hospital, Edinburgh

10:45am Panel discussion

11:00am Tea and coffee break

Session 3 - The pesky rectum

11:20am Managing the hot rectal stump after subtotal colectomy - Drugs? Surgery?

Dr Christianne Buskens, Colorectal Surgeon, Amsterdam Medical Centre, Amsterdam

11:30am Outcomes after completion proctectomy in Crohn's

Dr Laura Hancock, Consultant General and Colorectal Surgeon, Manchester University NHS Foundation Trust (Wythenshawe)

11:40am Filling the hole - Plastics options in pelvic IBD reconstruction

Mr James Bedford, Consultant Hand Surgeon, Manchester Foundation Trust

11:50am Perianal Crohn's - an update - including new ECCO guidelines and ADMIRE-CD 2

Mr Kapil Sahnan, Consultant Surgeon, St Mark's Hospital

12:00am Panel discussion

12:20pm Lunch

Session 4 - Modernising your IBD service

1:15pm Post-op surveillance in IBD - Who, when, how?

Dr Ally Speight, Consultant Gastroenterologist, Newcastle upon Tyne Hospitals NHS Foundation Trust

1:25pm Enhanced recovery after surgery in IBD patients: What works

Mr Austin Acheson, Consultant Colorectal and General Surgeon, Nottingham University Hospitals NHS Trust

1:35pm The role of the surgical IBD nurse in the treatment pathway for IBD patients

Paula Harrison, IBD Nurse, South Tees Hospitals NHS Foundation Trust

1:45pm A world-class pouch service

Mr Valerio Celentano, Consultant Colorectal Surgeon, Chelsea and Westminster NHS Foundation Trust

1:55pm Every patient should complete the IBD wheel before every appointment

Dr Rachel Cooney, Consultant Gastroenterologist, University Hospitals Birmingham NHS Foundation Trust

2:05pm Patient reported outcome measures in IBD - the PROMISE-IBD study

Miss Abhilasha Patel, Consultant Colorectal Surgeon, University Hospitals of Coventry and Warwickshire NHS Trust

2:15pm Panel discussion

2:35pm Tea and coffee break

Session 5 - The sequence of treatment in IBD

- 2:55pm** **The role of the appendix in ulcerative colitis and where might therapeutic appendicectomy fit in the pathway**
Professor Thomas Pinkney
- 3:05pm** **Profile - Treating earlier and not stopping biologics around surgery (ECCO, BSG guidelines)**
Professor Alisa Hart, Consultant Gastroenterologist, St Mark's National Bowel Hospital, London North West University Healthcare NHS Trust
- 3:15pm** **LIRIC and sequencing - Early surgery and where does the surgeon fit in the sequence**
Professor Steven Brown, Consultant Colorectal Surgeon, Spire Claremont Hospital, Sheffield
- 3:25pm** **Defunctioning stoma in IBD**
Mr Matthew Lee, Colorectal Surgeon, University Hospitals Birmingham NHS Foundation Trust
- 3:35pm** **Panel discussion**

Session 6 - The perfect permanent stoma

- 3:55pm** **The optimal stoma creation technique - results from CIPHER**
Dr Niro Rajaretnam, FRCS ST8 Colorectal Registrar, South West London
- 4:05pm** **Adjuncts to stomas and their creation and what we'll be doing in 2030**
Professor Richard Brady
- 4:15pm** **Management of problem IBD stomas**
Terri Porrett, Stoma Nurse, Chelsea and Westminster Hospital NHS Foundation Trust
- 4:25pm** **A life saved has to be lived - make that stoma a good one, please!**
Jenny Pipe, Patient
- 4:35pm** **Panel discussion**
- 4:55pm** **Summary of day/thanks**
Mr Justin Davies, President, Coloproctology Section, Royal Society of Medicine, Consultant Colorectal and General Surgeon, Cambridge University Hospitals NHS Foundation Trust and Valerio Celentano
- 5:00pm** **Close of meeting**
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